

Extract of Verses from WISDOM OF THE ANCIENT SAGES

*Why Don't You Ignite The Inward Flame! O Mortal!
Be Sure I Am Thee! O Mortal!
Be Sure! I Am Centered In The Secret Place of Thy Heart! O Mortal!
Why Are You Immersed In The Sorrow of the World! O Mortal!
Don't You Know The Worlds That Shine Brightly! O Mortal!
I Am Your State of Dreamless Sleep! O Mortal!
Go To Deep Sleep Where No Desire Is Left! O Mortal!
Behold! I Am Not Distinct From Thee! O Mortal!
Behold! I Am That Unity That Transcends Both Being and Non Being
I Am The Lord of The World of Manifestations! O Mortal!
Can You Say What Is The Cause! O Mortal!
Truly, There Is Nothing Beyond This To Be Known! O Mortal!
Do You Know The One Who Removes Thy Ignorance! O Mortal!
O Lord! Take Me to the Place Where the Ancient Mind Is Born
Let Me Cross By the Boat of Divinity All the Streams Which Cause Fear
Clean My Mirror Stained By Mortal Dust! O Lord!
I Am The Great Seer! O Mortal!
I Am Subtler Than The Subtle! O Mortal!
Behold! I Am All That Is In The Scriptures! O Mortal!
I Am The One Who Is The Lord And Bestower of All Blessings! O Mortal!
I Am The One Who Brings To Maturity Whatever Can Be Ripened! O Mortal!
Behold! I Am The Moving Image of Eternity! O Mortal!
Behold! I Am The One Who Distributes All Qualities! O Mortal!
O Soul! Be Sure! I Can See the Immobile Spirit Watching the Haste of Time
O Soul! Why Do You Strive To Live In a Sea of Death
O Soul! Why Don't You Come Down Into the Human World
O Soul! Why Do You Listen To Every Call of Your Hurried Senses
O Soul! Why Don't You Bear the Unbearable Sorrow of the Moral World
Be Sure! You Are Worthy of the Knowledge! O Mortal!
Let The Fragrance of Divinity Enter Into You! O Mortal!
Be Sure! You Covet The Highest Treasure! O Mortal!
Be Sure! The Divine Moon Shall Not Waste Away Your Vital Breath! O Mortal!
Verily! Be Sure These Deities Having Entered Into the Vital Breath Do Not Perish! O Mortal!
When Shall I Take Your Vital Breath In Me! O Father!
When Shall the Breathing Spirit Seize Hold of My Body and Make It Rise! O Lord!
When Shall I Be Fully Absorbed In My Life Breath! O Lord!
Let Intelligence Obtain Control Over Thee! O Mortal!
Can You Cognize Without Intelligence! O Mortal!
Why Don't You Desire To Know The Seer of Form In Thee! O Mortal!
Meditate On The Supreme, The Head of All Beings! O Mortal!
Meditate On The Person Who Is In The Mirror! O Mortal!
When Shall Silence Overcome Thee! O Mortal!
O Heavens! I Can See the Eternal Supermind Touch Earthly Time
O Heavens! Be Sure! I Can See the Lord's Rapturous Widening Noose around My Soul*

O Heavens! I Can See the Dumb Earth Become a Sentient Force
O Heavens! I Can See the Spirit Eyes Look through the Nature's Eyes
O Heavens! I can see the mortal mind move in half light amid half truth
O Heavens! Let My Soul Not Roam Through the Fields of Ignorance
O Heavens! Let My Soul Witness the Ancient Flames That Arise From the Rims of Eternity
O Heavens! I Can See My Soul Immersed In Voiceless France
O Heavens! Let My Soul Join the Great and Marvellous Ancient Gathering
O Heavens! Let My Soul Inscribe Its Story on the Huge Bare Walls of Eternity
O Spirit! I Can See My Soul Attempt to Penetrate the Unapproachable Stillness
O Spirit! Take Me to a World Where My Soul Can Witness the Thunder of the Divine Victorious Wings
O Spirit! Take Me to a World Where the Ancient Mother's Heart Is Not Yet Wary
O Spirit! Take Me to the Kingdom Where Every Soul Can Thrive With the Divine Grace

About Author : The mystic writings and poems of author Anand Krishna helps us in dealing with everyday issues such as the strength of will power, the creativity to see beyond problems, importance of positivity and the true meaning of success. For all who feel that stress and nervousness are an unavoidable fact of modern life, the mystic poems of Anand Krishna reminds us that within each of us is an inner core of universal peace and harmony that we can learn to access at will. The mystic poems and writings of Anand Krishna shows us how to overcome fear, worry, anger, nervousness and moodiness. His writings also teach us how to stay calmly in the present and to stay actively focused, no matter what is going on around us and also teaches us to Experience the mystic and expansive timelessness and beauty of each moment. The spiritual and mystic poems of the author caters to the deepest needs of the human heart and soul. These poems reveal how we can meet the daily challenges to our physical, psychological, emotional and spiritual well-being - by awakening our divine nature, the neglected reality at the core of our being.

Through his writings the author succeeds in dispelling the myth that God is beyond our reach and beyond our self. He points out that it is not only possible to converse with God but to receive definite responses to our prayers and also converse with our divine self. The author Anand Krishna helps us to realize how close that infinite and all-loving Being is to each one of us. He also explains how we can make our prayers and thoughts so powerful and persuasive that they will bring a tangible response from the mystic universe. The books written by Anand Krishna motivates the readers how to be devoid of a harsh, materialistic life and live a life of peaceful serenity governed by quality and not quantity. The spiritual poems written by the author deal with complex issues in a very easy-to-understand and simple manner, inviting the readers to explore their inner selves through meditation and contemplation. The teachings of the author alters the perspective and attitude that people approach life with, changing one's thought process to invite and draw true material and spiritual success and prosperity .The books written by the author also highlights the key to dissolving obstacles both physical and spiritual while dealing with natural feelings of fear and the feeling of being lost. The author has been greatly inspired by the mystic philosophies propounded in the Geeta, Upanishads, Sufi literature and other ancient mystical works. **The author Anand Singh (Pen Name: Anand Krishna) has written on various spiritual aspects of human existence in this world and beyond.**

Table of Contents

Chapter 1-The Wisdom of the Ancient Sages (Poems Based on Philosophy of Mundaka Upanishad)	05-19
Chapter 1.1-Poems on Birth of Creation	
❖ Be Sure I Am Thee! O Mortal!	06
❖ Be Sure! I Am Centered In The Secret Place of Thy Heart! O Mortal!	08
Quotes on Birth of Creation	
Chapter 1.2-Poems on Compassion	
❖ Why Are You Immersed In The Sorrow of the World! O Mortal!	11
Quotes on Compassion	
Chapter 1.2-Poems on Desire	
❖ Don't You Know The Worlds That Shine Brightly! O Mortal!	14
Quotes on Desire	
Chapter 1.3-Poems on Sacrifice and Rituals	
❖ Why Don't You Ignite The Inward Flame! O Mortal!	18
Quotes on Sacrifice and Rituals	
Chapter 2-The Sacred Mystery of Dream and Sleep (Poems Based on Philosophy of Mandukya Upanishad)	20-30
❖ Behold! I Am Not Distinct From Thee! O Mortal!	21
❖ Behold! I Am That Unity That Transcends Both Being and Non Being	23
❖ Go To Deep Sleep Where No Desire Is Left! O Mortal!	25
❖ I Am The Lord of The World of Manifestations! O Mortal!	26
❖ I Am Your State of Dreamless Sleep! O Mortal!	28
Quotes on Dreamless Sleep	
Chapter 3- Understanding True Devotion and Ultimate Reality (Poems Based on Philosophy of Svetasvatara Upanishad)	31-76
Chapter 3.1-In Celebration of the Divine Self (Poems Based On Philosophy of Svetasvatara Upanishad)	
Chapter 3.1.1-Poems on Creation	
❖ Can You Say what is the Cause! O Mortal!	32
Quotes on Creation	
Chapter 3.1.2-Poems on Divine Self	
❖ Behold! I Am All That Is In The Scriptures! O Mortal!	35
❖ Behold! I Am The Moving Image of Eternity! O Mortal!	36
❖ Behold! I Am The One Who Can Be Known Only Through Heart And Mind! O Mortal!	38
❖ Behold! I Am The One Who Distributes All Qualities! O Mortal!	40
❖ I Am Subtler Than The Subtle! O Mortal!	41
❖ I Am The Great Seer! O Mortal!	43
❖ I Am The One Who Brings To Maturity Whatever Can Be Ripened! O Mortal!	45
❖ I Am The One Who Is The Lord And Bestower of All Blessings! O Mortal!	47
Quotes on Divine Self	
Chapter 3.1.3-Poems on Soul	
❖ Soul! Be Sure! I Can See the Immobile Spirit Watching the Haste of Time	50
❖ Soul! Why Do You Listen To Every Call of Your Hurried Senses	53
❖ Soul! Why Do You Strive To Live In a Sea of Death	55
❖ Soul! Why Don't You Bear the Unbearable Sorrow of the Moral World	58
❖ Soul! Why Don't You Come Down Into the Human World	60
Quotes on Soul	
Chapter 3.2- Birth of the Ancient Mind (Poems Based On Philosophy of Svetasvatara Upanishad)	
Chapter 3.2.1-Poems on True Knowledge	
❖ Do You Know The One Who Removes Thy Ignorance! O Mortal!	65
❖ Truly, There Is Nothing Beyond This To Be Known! O Mortal!	66
Quotes on True knowledge	
Chapter 3.2.2-Poems on Meditation	
❖ Meditate On Godhead and Bring Him Out of the Recesses of Thy Heart! O Mortal!	67
Quotes on Meditation	
Chapter 3.2.3-Poems on Prayers	
❖ Clean My Mirror Stained By Mortal Dust! O Lord!	72
❖ Let Me Cross By the Boat of Divinity All the Streams Which Cause Fear	73
❖ O Lord! Take Me to the Place Where the Ancient Mind Is Born	75
Quotes on Prayers	
Chapter 4- The Secret Science of the Soul (Poems Based On Philosophy of Kaushitaki Brahman Upanishad)	77-164

Chapter 4.1- Understanding Death and Rebirth (Poems Based On Philosophy of Kaushitaki Brahman Upanishad)

Chapter 4.1.1-Poems on Breathing Spirit

- ❖ **When Shall the Breathing Spirit Seize Hold of My Body and Make It Rise! O Lord!** 78
- ❖ **O Spirit! I Can See My Soul Attempt to Penetrate the Unapproachable Stillness** 79
- ❖ **O Spirit! Take Me to a World Where My Soul Can Witness the Thunder of the Divine Victorious Wings** 83
- ❖ **O Spirit! Take Me to a World Where the Ancient Mother's Heart Is Not Yet Weary** 87
- ❖ **O Spirit! Take Me to the Kingdom Where Every Soul Can Throb With the Divine Grace** 91

Quotes on Breathing Spirit

Chapter 4.1.2-Poems on Death

- ❖ **Be Sure! All These Divinities Verily Recognize The Superior Excellence of the Vital Breath! O Mortal!** 97
- ❖ **Verily! Be Sure These Deities Having Entered Into the Vital Breath Do Not Perish! O Mortal!** 98
- ❖ **Be Sure! You Are Worthy of the Knowledge! O Mortal!** 100
- ❖ **When Shall I Take Your Vital Breath In Me! O Father!** 101

Quotes on Death

Chapter 4.2- Understanding the Nature of Eternity (Poems Based On Philosophy of Kaushitaki Brahman Upanishad)

- ❖ **Let The Fragrance of Divinity Enter Into You! O Mortal!** 105
- ❖ **O Heavens! Be Sure! I Can See the Lord's Rapturous Widening Noose around My Soul** 107
- ❖ **O Heavens! I Can See My Soul Immersed In Voiceless Trance** 110
- ❖ **O Heavens! I Can See the Dumb Earth Become a Sentient Force** 113
- ❖ **O Heavens! I Can See the Eternal Supermind Touch Earthly Time** 115
- ❖ **O Heavens! I can see the mortal mind move in half light amid half truth** 118
- ❖ **O Heavens! I Can See the Spirit Eyes Look through the Nature's Eyes** 121
- ❖ **O Heavens! Let My Soul Inscribe Its Story on the Huge Bare Walls of Eternity** 124
- ❖ **O Heavens! Let My Soul Join the Great and Marvellous Ancient Gathering** 127
- ❖ **O Heavens! Let My Soul Not Roam Through the Fields of Ignorance** 129
- ❖ **O Heavens! Let My Soul Witness the Ancient Flames That Arise From the Rims of Eternity** 132

Quotes on Heavens

Chapter 4.3- Understanding the True Nature of Intelligence (Poems Based On Philosophy of Kaushitaki Brahman Upanishad)

Chapter 4.3.1-Poems on Divine Self

- ❖ **Be Sure! You Covet The Highest Treasure! O Mortal!** 137

Quotes on Divine Self

Chapter 4.3.2-Poems on Intelligence

- ❖ **Can You Cognize Without Intelligence! O Mortal!** 140
- ❖ **Let Intelligence Obtain Control Over Thee! O Mortal!** 142
- ❖ **When Shall I Be Fully Absorbed In My Life Breath! O Lord!** 143
- ❖ **Why Don't You Desire To Know The Seer of Form In Thee! O Mortal!** 145

Quotes on Intelligence

Chapter 4.4- Understanding the True Nature of Meditation (Poems Based on Philosophy of Kaushitaki Brahman Upanishad)

Chapter 4.4.1-Poems on Meditation

- ❖ **Meditate On The Person Who Is In The Mirror! O Mortal!** 147
- ❖ **Meditate On The Supreme, The Head of All Beings! O Mortal!** 149
- ❖ **When Shall Silence Overcome Thee! O Mortal!** 150

Quotes on Meditation

Chapter 4.4.2-Poems on Moon Worship

- ❖ **Be Sure! The Divine Moon Shall Not Waste Away Your Vital Breath! O Mortal!** 154

Quotes on Moon Worship

Chapter 4.4.3-Poems on Moon Worship

- ❖ **Mother Earth! Can You Let My Soul Wake Up From Its Blind Stupour** 157
- ❖ **Mother Earth! Can You Prevent My Soul from Forsaking Its Upward Look** 161

Quotes on Mother Earth

**CHAPTER 1-THE WISDOM OF THE ANCIENT SAGES (POEMS BASED
ON PHILOSOPHY OF MUNDAKA UPANISHAD)**

Chapter 1.1-Poems on Birth of Creation



(Artist: Konstantin Makovsky Date: 1839-1915)

Poem on Birth of Creation

Be Sure I Am Thee! O Mortal!



(Artist: Willem van Herp Date: 1614-77)

**I am the truth.
I came from the blazing fire.
I came from the immutable.
I am divine and formless.
I am without and within.
I am unborn.
Be sure I am thee! O mortal!**

**I am without breath and
without mind.
I am pure and higher than
the highest immutable.
From me are born life and
mind.
From me are born all the**

sense organs.

**From me are born the air and ether.
From me are born water and earth.
From me the world issues out.
Be sure! I am thee! O mortal!**

**Be sure! Fire is my head.
Be sure! Sun and moon are my eyes.
Be sure! The regions of space are my ears.
Be sure! The revealed scriptures are my speech.
Be sure! The air is my life.
Be sure! The world is my heart.
Be sure I am thee! O mortal!**

**Be sure! The earth is born out of my feet.
Be sure! I am the self of all beings.
From me proceeds fire whose fuel is the sun.
From the moon proceeds the rain.
From the rain are nourished the herbs on the earth.
From me are born all the verses.
Be sure I am thee! O mortal!**

**From me are born all the chants.
From me proceed all the formulas.
From me proceed all the rites of initiation.
From me proceed all the sacrifices.
From me proceed all the ceremonials and sacrificial gifts.**

**From me are borne the years.
Be sure I am thee! O mortal!**

**From me is born the sacrificer.
From me are born the worlds where the moon purifies.
From me are born the worlds where the sun shines.
From me the Gods are born in manifold ways.
From me are born the celestials.
From me are born the men, cattle and birds.
Be sure I am thee! O mortal!**

**From me are born the inbreath and outbreath.
From me are born austerity and faith.
From me are born truth and chastity.
From me are born all the laws.
From me comes forth the seven life breaths.
From me comes the seven flames.
Be sure I am thee! O mortal!**

**From me comes the fuel for the flames.
From me comes the seven oblations.
From me comes the seven worlds in which moves the life breath.
From me comes all the seas and mountains.
From me flows rivers of every kind.
From me comes all herbs and their juices.
From me comes all the elements that upholds thy inner soul.
Be sure I am thee! O mortal!**

[Back](#)



Diving Deep into Water: The symbolism of water has a universal undertone of purity and fertility. Symbolically, it is often viewed as the source of life itself as we see evidence in countless creation myths in which life emerges from primordial waters. Interestingly, we are all made of water, and so we can liken many of these myths and allegories to our own existence (the macrocosm mirroring the microcosm and vice versa). Further, we can incorporate symbolism of circulation, life, cohesion and birth by associating the creative waters of the earth with the fluids found in our own body (i.e., blood). (Source: <http://www.whats-your-sign.com>).

Poem on Birth of Creation

Be Sure! I Am Centered In The Secret Place of Thy Heart! O Mortal!



(Artist: Jan Brueghel the Younger
Date: 1601-78)

In me are centered all things that moves.

In me are centered all things that breathes and winks.

In me are centered all being and nonbeings.

In me are centered the supreme object to be desired.

In me are centered the highest beyond the reach of man's understanding.

Be sure! I am centered in the secret place of thy heart! O mortal!

I am essence of what is perishable.

I am essence of what is luminous.

I am subtler than the subtle.

In me are centered all the worlds and those that dwell in them.

I am essence of that which is life.

I am essence of that which is speech and mind.

Be sure! I am centered in the secret place of thy heart! O mortal!

I am essence of that which is true and immortal.

I am essence of all that is to be known.

I am essence of all that is to be penetrated.

In me the sky is woven.

In me the earth and the interspace are woven.

In me all minds are woven.

Be sure! I am centered in the secret place of thy heart! O mortal!

In me all vital breaths are woven.

In me join all the bridge to immortality.

In me the two worlds of heaven and earth are woven.

In me flows all rivers of time and space.

In me you shall find thy way to heaven.

In me you shall succeed in crossing the river of time.

Be sure! I am centered in the secret place of thy heart! O mortal!

In me you shall succeed in crossing over to the farther shore of darkness.

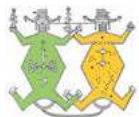
In me you shall find the blissful immortal which shines forth.

In me the knots of thy heart shall be cut.

**In me all thy doubts shall be dispelled.
In me all thy deeds shall terminate.
In me all the evil in thee shall fall away.
Be sure! I am centered in the secret place of thy heart! O mortal!**

**In me you shall find the reality that you can comprehend.
In me you shall find the highest golden sheath without stain.
In me you shall find the light of lights.
In me you shall find what the knowers of self know.
In me the sun shines not.
In me the moon and stars shine not.
In me the lightnings shine not.
Be sure! I am centered in the secret place of thy heart! O mortal!**

[Back](#)



Navajo Twins: Usually described as Mother Earth and Sky Father twins, or Brother Sister twins, the Na vajo Twins are powerful Native American symbols for creation and the evolution of creation itself. They also represent perfect balance. (Source: <http://www.whats-your-sign.com>).

POPULAR QUOTES ON BIRTH OF CREATION

“God made all of His creation to give. He made the sun, the moon, the stars, the clouds, the earth, the plants to give. He also designed His supreme creation, man, to give. But fallen man is the most reluctant giver in all of God's creation.”

- John MacArthur

“If the biblical creation account is in any degree unreliable, the rest of Scripture stands on a shaky foundation.”

- John MacArthur"

“To some measure even unbelievers benefit from God's grace. Theologians call that "common grace" because it is common to all mankind. Common grace is God's continual care for all creation, providing for His creatures' needs. Through common grace God restrains humanity from utter debauchery and maintains order and some sense of beauty, morality, and goodness in society's consciousness.”

- John MacArthur

“The invisible is made visible via creation or nature. Divine wisdom, power, eternity and goodness, for example, are not in themselves visible, but their reality is undeniably affirmed and apprehended by the effects they produce in nature. That there is a God, supreme, eternal, infinite in power, personal, wise, independent, worthy of glory and gratitude, is clearly evident in the creation.”

- Sam Storms

**CHAPTER 1-THE WISDOM OF THE ANCIENT SAGES (POEMS BASED
ON PHILOSOPHY OF MUNDAKA UPANISHAD)**

Chapter 1.2-Poems on Compassion



(Artist: Alfred Henri Bramtot Date: 1852-94)

Poem on Compassion

Why Are You Immersed In The Sorrow of the World! O Mortal!



(Artist: Pierre Auguste Cot
Date: 1837-83)

**Why are you constantly deluded.
Why do you grieve on account of thy
helplessness.
Why don't you see the lord almighty.
Why don't you become freed from sorrow.
Why do you experience the pleasant or painful
fruits of thy past deeds.
Why are you immersed in the sorrow of the
world! O mortal!**

**Why do you degrade to cruder form of
existence.
Why don't you see the greater of the golden
hue.
Why don't you experience the primeval source.
Why don't you shake off good and evil.
Why don't you free thyself from stain.**

**Why don't you attain supreme equality with the lord.
Why are you immersed in the sorrow of the world! O mortal!**

**Why don't you attain an absolute likeness to god.
Why don't you enjoy a life of personal immortality.
Why don't you perceive the life that shines forth in all beings.
Why don't you take delight in the self.
Why don't you let thy soul free itself from all attachments.
Why are you immersed in the sorrow of the world! O mortal!**

**Why don't you let thy soul enter into the stillness of the self.
Why don't you let thy soul become composed.
Why don't you let thy soul break forth into temporal works without
compulsion.
Why don't you let thy soul break forth into temporal works without
seeking for reward.
Why don't you let thy soul break forth into temporal works without
selfish purpose.
Why are you immersed in the sorrow of the world! O mortal!**

**Why don't you let thy life be a free outpouring of a liberated
consciousness.
Why don't you let there be a deep unmoved repose at the center.
Why don't you enjoy the perpetual creativity.
Why don't you perform thy royal duties like an actor on the stage.**

Why don't you perform thy royal duties without being motivated by selfish passions.

Why don't you let battles be lost in the same spirit in which they are won.

Why are you immersed in the sorrow of the world! O mortal!

Why don't you comprehend the self within the body.

Why don't you comprehend the nature of light and purity inside thee.

Why don't you attain thy self by austerity.

Why don't you attain thy self by right knowledge.

Why don't you attain thy self by the constant practice of chastity.

Why don't you do away with thy imperfections.

Why are you immersed in the sorrow of the world! O mortal!

Why don't you let truth alone conquer not untruth.

Why don't you let truth lay out the path leading to the Gods.

Why don't you let thy intellectual nature be purified by the light of knowledge.

Why don't you let thy thought be purified.

Why don't you let the self shine forth.

Why are you immersed in the sorrow of the world! O mortal!

[Back](#)



Animal Love Symbolism: Love symbol meanings come in many forms. Many times certain animals come into our lives with a message of love. These special animals serve as love symbols or icons and convey messages specific to compassion, ardor, passion and tenderness. Pay close attention to animals that visit your days. They may be trying to send you a love message! (Source: <http://www.whats-your-sign.com>).

POPULAR QUOTES ON COMPASSION

"I can do no other than be reverent before everything that is called life. I can do no other than to have compassion for all that is called life. That is the beginning and the foundation of all ethics."

- **Albert Schweitzer**

"Revivals begin with God's own people; the Holy Spirit touches their heart anew, and gives them new fervor and compassion, and zeal, new light and life, and when He has thus come to you, He next goes forth to the valley of dry bones... Oh, what responsibility this lays on the Church of God! If you grieve Him away from yourselves, or hinder His visit, then the poor perishing world suffers sorely!"

- **Andrew Bonar**

"His is a loving, tender hand, full of sympathy and compassion."

- **D.L. Moody**

**CHAPTER 1-THE WISDOM OF THE ANCIENT SAGES (POEMS BASED
ON PHILOSOPHY OF MUNDAKA UPANISHAD)**

Chapter 1.3-Poems on Desire



(Artist: Giri Raj Source: www.dollsofindia.com)

Poem on Desire

Don't You Know The Worlds That Shine Brightly! O Mortal!



(Artist: Raja Ravi Varma Date: 1848-1906)

**Do you know that supreme abode.
Do you intend to pass beyond the seed
of rebirth.
Do you intend to pass beyond the
material cause of embodied existence.
Do you still entertain desires.
Do you intend to be born again here
and there on account of your desires.
Do you intend to be the person who
has his desires fully satisfied.
Don't you know the worlds that shine
brightly! O mortal!**

**Do you intend to be the person who is
a perfect soul.
Do you intend to vanish all your
desires even here on earth.
Can you attain the self by instruction.
Can you attain the self by intellectual
power.**

**Can you attain the self through much hearing.
Be sure the divine is to be attained by one whom the self chooses.
Don't you know the worlds that shine brightly! O mortal!**

**Be sure to the chosen few the self reveals his own nature.
Be sure the self cannot be attained by one without strength.
Be sure the self cannot be attained through heedlessness.
Be sure the self cannot be attained through austerity without aim.
Be sure strength is at the root of all great achievements.
Don't you know the worlds that shine brightly! O mortal!**

**Be sure energy is at the root of all great achievements.
Be sure outward signs are not enough for salvation.
Be sure we require inward realization.
Be sure the tonsure of your hair is of no avail.
Be sure to perform the tonsure on your sins.
Be sure of no good is a monks robe to a mind besmirched.
Don't you know the worlds that shine brightly! O mortal!**

**Be sure to attain him through perfection of your soul.
Be sure to free your soul from passion.
Be sure to attain the omnipresent self on all sides.**

**Be sure you attain that tranquil state.
Be sure you join the ranks of the wise with concentrated minds.
Be sure to enter into the all.
Don't you know the worlds that shine brightly! O mortal!**

**Be sure to purify your nature through the path of renunciation.
Be sure to dwell in the worlds of divinity.
Be sure to be one with the immortal.
Be sure you shall be liberated at the end of time.
Be sure your deeds becomes one in the supreme immutable being.
Be sure yourself becomes one in the supreme immutable being.
Don't you know the worlds that shine brightly! O mortal!**

**Be sure you are freed from name and shape.
Be sure you disappear just as the flowing rivers disappear in the ocean casting off name and shape.
Be sure you attain to the divine person higher than the high.
Be sure you attain the un-manifested.
Be sure you attain the universality of spirit.
Don't you know the worlds that shine brightly! O mortal!**

**Be sure you cannot speak about the soul anymore.
Be sure your soul looses its name yonder in the oneness of divine essence.
Be sure your soul attains to the equality of nature.
Be sure your soul attains to the identity of being.
Be sure to cross over your sorrows.
Be sure to cross over your sins.
Be sure to be liberated from the knots of the secret place of your heart.
Don't you know the worlds that shine brightly! O mortal!**

[Back](#)



Animal Love Symbol Meaning for Swan: The Swan holds a multitude of representations including love, grace, purity, beauty and sincerity. Another attribute of Aphrodite, the Swan also symbolized chastity. The Celts believed the Swans were benevolent dieties and legend has it that their images were forged into silver medallions worn around the neck for protection. In Hinduism, the Swan is known as the Hamsa bird and signifies the divine mind and the breath of spirit. The Swan is also another symbol of the Virgin Mary and the purity and love she symbolizes. (Source: <http://www.whats-your-sign.com>).

POPULAR QUOTES ON DESIRE

"Manifest plainness, embrace simplicity, reduce selfishness, have few desires."

- Lao Tzu

"Purity of speech, of the mind, of the senses, and of a compassionate heart are needed by one who desires to rise to the divine platform."

- Chanakya

"When your desires are strong enough you will appear to possess superhuman powers to achieve."

- Napoleon Hill

"Religion is an illusion and it derives its strength from the fact that it falls in with our instinctual desires."

- Sigmund Freud

"Our body has this defect that, the more it is provided care and comforts, the more needs and desires it finds."

- Saint Teresa of Avila

"Most people think that shadows follow, precede or surround beings or objects. The truth is that they also surround words, ideas, desires, deeds, impulses and memories."

- Elie Wiesel

"Real prayer is communion with God, so that there will be common thoughts between His mind and ours. What is needed is for Him to fill our hearts with His thoughts, and then His desires will become our desires flowing back to Him."

- A.W. Pink

"God can restrain not only people's actions, but even their most deeply rooted desires. No part of the human heart is impervious to God's sovereign but mysterious control."

- Jerry Bridges

"It is our own evil desires that lead us into temptation. We may think we merely respond to outward temptations that are presented to us. But the truth is, our evil desires are constantly searching out temptations to satisfy their insatiable lusts (James 1:14)."

- Jerry Bridges

"Our reason, enlightened by the Holy Spirit through the Word of God, stands in the way of sin gaining mastery over us through our desires."

- Jerry Bridges

"What is holiness? The best practical definition that I have heard is simply "without sin." That is the statement that was made of the Lord Jesus' life on earth (Hebrews 4:15), and that should be the goal of every person who desires to be godly. Granted, we will never reach that goal in this life; nevertheless it is to be our supreme objective and the object of our most earnest efforts and prayers."

- Jerry Bridges

"While God most often appeals to our wills through our reason, sin and Satan usually appeal to us through our desires."

- Jerry Bridges